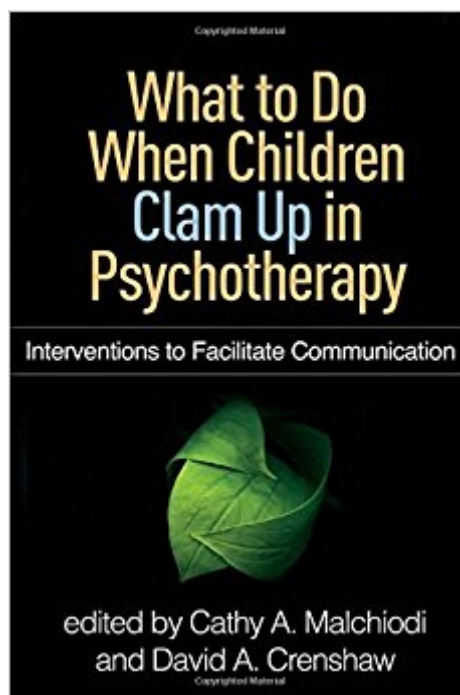




The book was found

What To Do When Children Clam Up In Psychotherapy: Interventions To Facilitate Communication (Creative Arts And Play Therapy)



Synopsis

Therapists who work with children and adolescents are frequently faced with nonresponsive, reticent, or completely nonverbal clients. This volume brings together expert clinicians who explore why 4- to 16-year-olds may have difficulty talking and provide creative ways to facilitate communication. A variety of play, art, movement, and animal-assisted therapies, as well as trauma-focused therapy with adolescents, are illustrated with vivid clinical material. Contributors give particular attention to the neurobiological effects of trauma, how they manifest in the body when children "clam up," and how to help children self-regulate and feel safe. Most chapters conclude with succinct lists of recommended practices for engaging hard-to-reach children that therapists can immediately try out in their own work.

Book Information

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Customer Reviews

"This is one of those rare clinical books that not only will occupy a prominent place on the therapist's bookshelf, but also will be reached for time and time again between sessions. It is destined to be a cherished resource for child and adolescent therapists. Like having a cadre of expert supervisors at one's side, the volume successfully guides readers through one of the most common yet challenging types of treatment impasse, while expanding ideas of what therapy can look like. Innovators in the field offer sure-fire ways of engaging even the most reticent young people."--Craig Haen, PhD, private practice, White Plains, New York "Psychotherapy with children

can be an arduous and challenging process. Malchiodi and Crenshaw have provided an important, informative resource for child therapists. Regardless of the reader's therapeutic orientation, this book offers a wealth of cutting-edge ideas and strategies. Whether you are an experienced clinician or still in training, this unique volume is a valuable guide."--Sam Goldstein, PhD, Department of Psychiatry, University of Utah School of Medicine; Clinical Director, Neurology, Learning, and Behavior Center, Salt Lake City "This is the best current book on a familiar treatment issue in child therapy. Honest, clear, and informative, the chapters offer multiple perspectives on how to facilitate children's communication in creative and insightful ways. Each chapter contains detailed hands-on applications. As a graduate educator in play therapy and expressive art therapy for more than 36 years, I am refreshed to find a book that provides even the neophyte therapist with such usable, inviting intervention strategies."--Julia Byers, EdD, Division of Expressive Therapies (Emerita), Lesley University "The title immediately lets the reader know that this is a practical, accessible book. Malchiodi and Crenshaw have assembled leading experts to take us on a journey of discovering the impact of maturation, brain development, trauma, and culture on children's communication styles. The volume presents models that highlight the primacy of creativity and relationship when counseling children. I recommend this book to counselors and therapists who wish to enter the world of children in the most effective ways, and as a complementary text for any course on child and adolescent counseling."--Dee C. Ray, PhD, LPC-S, NCC, RPT-S, Professor, Counseling Program; Director, Child and Family Resource Clinic, University of North Texas

Cathy A. Malchiodi, PhD, ATR-BC, LPCC, LPAT, REAT, is an art therapist, expressive arts therapist, and clinical mental health counselor, as well as a recognized authority on art therapy with children, adults, and families. She has given more than 400 presentations on art therapy and has published numerous articles, chapters, and books, including *Understanding Children's Drawings* and *Handbook of Art Therapy*, Second Edition. Dr. Malchiodi is the founder and executive director of the Trauma-Informed Practices and Expressive Arts Therapy Institute. She has worked with a variety of community, national, and international agencies, particularly on the use of art therapy for trauma intervention, disaster relief, mental health, medical illness, and prevention. She is the first person to have received all three of the American Art Therapy Association's highest honors: Distinguished Service Award, Clinician Award, and Honorary Life Member Award. She has also received honors from the Kennedy Center and Very Special Arts in Washington, DC. A passionate advocate for the role of the arts in health, she is a blogger for Psychology Today. Dr.

Malchiodi is coeditor (with David A. Crenshaw) of Guilford's Creative Arts and Play Therapy series. David A. Crenshaw, PhD, ABPP, RPT-S, is Clinical Director of the Children's Home of Poughkeepsie, New York, and Adjunct Faculty at Marist College. He has taught graduate courses in play therapy at Johns Hopkins University and Columbia University and has published widely on child and adolescent therapy, child abuse and trauma, and resilience in children. A Fellow of the American Psychological Association and of its Division of Child and Adolescent Psychology, Dr. Crenshaw is Past President of the Hudson Valley Psychological Association, which honored him with its Lifetime Achievement Award, and of the New York Association for Play Therapy. He is currently Chair of the board of directors of the Coalition against Sexual and Domestic Abuse and a member of the professional advisory board of the Courthouse Dogs Foundation and of the Dutchess County Task Force against Human Trafficking. He is coeditor (with Cathy A. Malchiodi) of Guilford's Creative Arts and Play Therapy series.

An excellent resource for mental health practitioners who provide therapy/counseling to children and teens. I especially like the emphasis on the importance of the therapeutic relationship, and the variety of creative ways to facilitate open communication including play, art, and animal assisted therapy. I also like the Recommended Practices at the end of each chapter. Highly recommended.

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